

# OCEAN 7

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## SOUPS & SALADS

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<b>CHEF'S DAILY SELECTION</b>	11
<b>FRENCH ONION</b> Toasted Garlic Crouton, Gruyere, Parmesan, Micro Chives	9
<b>NEW ENGLAND STYLE CLAM CHOWDER</b> Clams, Bacon, Vegetables, Fresh Thyme	11
<b>CAESAR</b> Chopped Romaine, Reggiano, Crispy Prosciutto, Garlic & Onion Crouton	12
<b>GOLDEN BEET &amp; BURRATA (GF)</b> Roasted Golden Beets, Burrata, Arugula, Crisp Pancetta, Lemon Vinaigrette	17
<b>WATERMELON &amp; FETA (GF)</b> Watermelon, Feta Wedge, Mixed Greens, Grape & Cucumber Vinaigrette	16
<b>SPINACH &amp; BLUEBERRY</b> Baby Spinach, Dried Cranberries, Fresh Blueberries, Crumbled Goat Cheese, Almonds, Hard Boiled Egg, Lemon-Dijon & Poppy Vinaigrette	16
<b>SHAVED BRUSSEL SPROUT</b> Shaved Brussels, Carrot, Watermelon Radish, Pecorino, Blond Frisse, Sliced Apples & White Balsamic Vinaigrette	16
<b>SALAD ADDITIONS</b> CRAB +15 GRILLED SHRIMP +9 GRILLED SALMON +10 GRILLED CHICKEN +7	

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## STARTERS

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<b>GRILLED CORN RIBS (GF)</b> Grilled Sweet Corn, Cotija, Cilantro, Spicy Citrus Aioli, Lime Juice	12
<b>ONION RINGS</b> Sweet Onion, Panko, Chipotle Aioli	14
<b>THE PRETZEL</b> Jumbo Soft, Crab Dip, Cheddar & Jack Cheese, Micro Greens, Lemon	19
<b>CALAMARI FRIES</b> Sliced Calamari, Serranos, Bell Pepper & House Marinara	15
<b>PICKLE-BRINED WINGS (GF)</b> 8 Sweet Thai, Umami, Naked or House Hot with House Blue Cheese	16
<b>CHARCUTERIE PLATE</b> Chef's Choice Hummus, Assorted Meats & Cheeses, Olive Tapenade, Honey, Fresh Fruit, Assorted Crackers	24
<b>TOMATO JAM &amp; PROSCIUTTO FLATBREAD</b> Fig, Goat Cheese, Prosciutto, Arugula & Balsamic	16
<b>SCALLOP FRITTERS</b> Fresh Local Scallops, Jalapeno, Red Onion and Lemon Zest, Lemon Dill Aioli	17
<b>FRESH OYSTERS</b> 1/2 dz 20 full dz 38 Mignonette, Smoked Cocktail Sauce, Lemon	

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# LUNCH

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## MAINS

All handhelds served with  
house made chips  
Add side of fries +3

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<b>TURKEY AVOCADO BLT</b> Roasted Turkey Breast, Avocado, Bacon, Leaf Lettuce, Red Onion, Tomato, Baguette	16
<b>CRAB CAKE</b> 4 oz Cake, Arugula, Shaved Red Onion, Tomato, Tartar Sauce, Liscios Bun	24
<b>CHEESESTEAK</b> Shaved Brisket & Ribeye, Cooper American, Sautéed Onions	16
<b>ROASTED CHICKEN SALAD CROISSANT</b> Roasted Chicken, Walnuts, Broccoli Florets, Fresh Dill	15
<b>OCEAN 7 SMASH BURGER</b> 6oz Smashed Patty Prepared Medium, Cheese, Green Leaf, Red Onion, Tomato, Liscios Bun	16
<b>BLACKENED MAHI</b> Mahi, Shaved Cabbage, Pineapple Salsa, Jalapeno Crème Fraiche	17
<b>GRILLED VEGETABLE WRAP</b> Hummus, Roasted Red Peppers, Grilled Asparagus, Mushroom, Pea Shoots, Sundried Tomato Wrap	13
<b>PORK ROLL GRILLED CHEESE</b> Taylor Pork Roll, Cooper American Cheese, Sour Dough	14
<b>WHITE BEAN AVOCADO WRAP</b> White Beans, Roasted Red Pepper, Avocado, Wilted Spinach, Micro Greens	15
<b>CHICKEN QUESADILLA</b> Grilled Chicken Breast, Applewood Smoked Bacon, Green Onion, Cooper Cheddar, Ranch	15

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## DESSERTS

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<b>STRAWBERRY SHORTCAKE</b>	11
<b>CINNAMON BUN ALA MODE</b> Warm Bun, Vanilla Ice Cream, Caramel	11
<b>SEASONAL CHEESECAKE</b>	9
<b>BIG CHOCOLATE CAKE</b>	9
<b>WARM APPLE CRISP</b> With Vanilla Ice Cream	12